

Physical therapy offered for '93

by Barb Tucker

Next fall, Clarke college will be adding a new major to its current curriculum. On Wednesday, Oct. 7, Clarke college president Catherine Dunn, BVM, Ph.D., announced the addition of a baccalaureate program in Physical Therapy to begin with the fall 1993 freshman class.

"Clarke is an excellent position to offer a major in Physical Therapy," said Dunn. "Physical therapy is a natural for Clarke because it fits so well with our mission of service to others."

Bobbe Ames, director of Admissions, said that Clarke decided to look further into a Physical Therapy program because the demand for therapists is so great. "Doctors and physical therapists approached us years ago about the demand for physical therapists. When Brother John, our new academic dean, arrived, he did some in-depth research into the need of the program, producers for accreditation and how it would fit into Clarke and our mission," she said.

A 1992 study done by the American Occupational Therapy Association said that there are 7,000 vacant openings in the United States, meaning a 25 percent shortage of physical therapists.

"We agree with physical therapists, physicians and administrators from local hospitals as to the need and anticipated growth in the field, and have been working closely with them in our planning," said Dunn.

Ames said, "The medical community is very supportive and excited about the pro-

gram. They want to help us by providing opportunities and funding for the program."

Despite the need for therapists, there were only thirteen accredited programs in Iowa, Ill., Wis., Minn., N.D. and S.D. during the 1990-1991 academic year.

"Since the announcement last week, the interest has been terrific," said Ames. "The telephone has been ringing constantly with inquiries about the program."

Clarke has already begun a search for a Physical Therapy program director. Ames said that the details of the curriculum will not be fully developed until the program director is here sometime after January 1993.

"Currently, we are looking at a four year, one summer major. The first two years will be general courses, including science and

mathematics. After the second year, students will then be admitted to the clinical program, to start in the fall of 1995. There are some great clinical opportunities for students in the Dubuque area," said Ames.

According to the American Occupational Therapy Association, today, the average salary of a physical therapist is \$35,000 annually, but is expected to raise with the growing needs of therapists. By the year 2005, the number of physical therapists is expected to increase 76 percent, from 88,000 to 155,000.

Since 1980, Clarke has offered students a pre-professional program in physical therapy. "In the preprofessional program, students usually get a bachelor's degree in Biology, and then go on to a one or two year clinical program," said Ames.

Clarke has already notified the Commis-

sion on Accreditation of the American Physical Therapy Association in Alexandria, Va. "At the latest, we will be accredited six months before the first graduating class," said Ames. "The American Physical Therapy Association has come and review the quality of the program for accreditation."

The role of a physical therapist in today's society is changing. "Physical therapists used to treat injuries, but today they are focused on prevention and education of injuries. They are part of a total rehabilitation team," said Ames.

In the future, Clarke plans for the physical therapy major to evolve into a Masters program. "The date isn't set for sure yet, but we want to implement the Masters program as soon as possible," said Ames.



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Support program developed for non-trad students

by Gregg Scharnau

Adjusting to college can be one of the most demanding parts of students' quests for an education. The load can become more unbearable, however, when students have jobs and/or families.

Many non-traditional students take not only tests of academic skills every semester, but also tests in will power and stamina. For many, there is no choice when it comes to a decision between working and studying. The cash flow cannot just stop when a person decides to continue in school. In fact, it is imperative in most cases that money continues to come in.

Since many of the people that make up Clarke's non-traditional student population answer to "mom" or "dad", the strain of home life can be difficult. Finding time to do little things in life is a struggle. The good news is, there are people at Clarke looking out for and assisting non-traditional students. Besides the assistance that Mark Van Osdol gives in the area of adult services and accelerated programs, a new program for non-traditional students started this semester.

Clarke counselors, Virginia Spiegel, BVM, Ph.D. and Joan Tatarka, are holding monthly meetings designed specifically with non-traditional students in mind. Each month a new topic is discussed and student feedback is encouraged.

Time management and role conflict are the first of many topics to be presented throughout the school year. "Many students find it difficult to adjust to the time constraints put upon them. Often times they don't realize, initially, that they will have to scale back on or completely give

Continued on page 3.

Welcome
Back
Alumni

New computer lab offers more flexibility

by Nick Vannelli

The new ELECT classroom/laboratory is open! Sr. Carol Speigel BVM, chairperson of the math department, named the lab. "ELECT stands for Effective Learning Environment using Computer Technology," said Speigel.

Every year the National Science Foundation sends out announcements of funding possibilities that are interested in trying to improve their curriculum in the sciences. Last year, Sheila Castaneda, computer science chairperson thought Clarke would be interested. A meeting of the biology, math and computer departments was called. They decided to pursue a grant that could design an interdisciplinary classroom. This classroom would benefit the science, as well as, the math departments. "We decided that this system would best benefit the students and especially beginning students," Castaneda said. "We wanted to try to get people interested, as well as keep people involved in the science and math."

The planning stage lasted less than a year. "Planning started around Oct. 1," Castaneda said. "The deadline for the grant was Nov. 15. Assistant Professor of

biology, Paul Tabor, Ph.D., and principal investigator of the grant, took the grant to Washington D.C. and delivered it to NSF." "We worked hard on the grant for six weeks, but it was worth it because we were awarded a \$50,000 grant."

"One thing I have to mention is that Clarke College matched the funds of the NSF grant, and did more than that," Castaneda said. "The grant covered equipment and software, but in addition to matching those funds, Clarke also paid for the remodeling." The college furnished the room with lighting, carpeting and air conditioning. "They did a really great job," she said.

The laboratory is located in the Keller Computer Center, located behind Eliza Kelly Hall. The lab has ten student computer stations, and one teacher's station for developmental work. The lab also has a printer, a VCR and the network server.

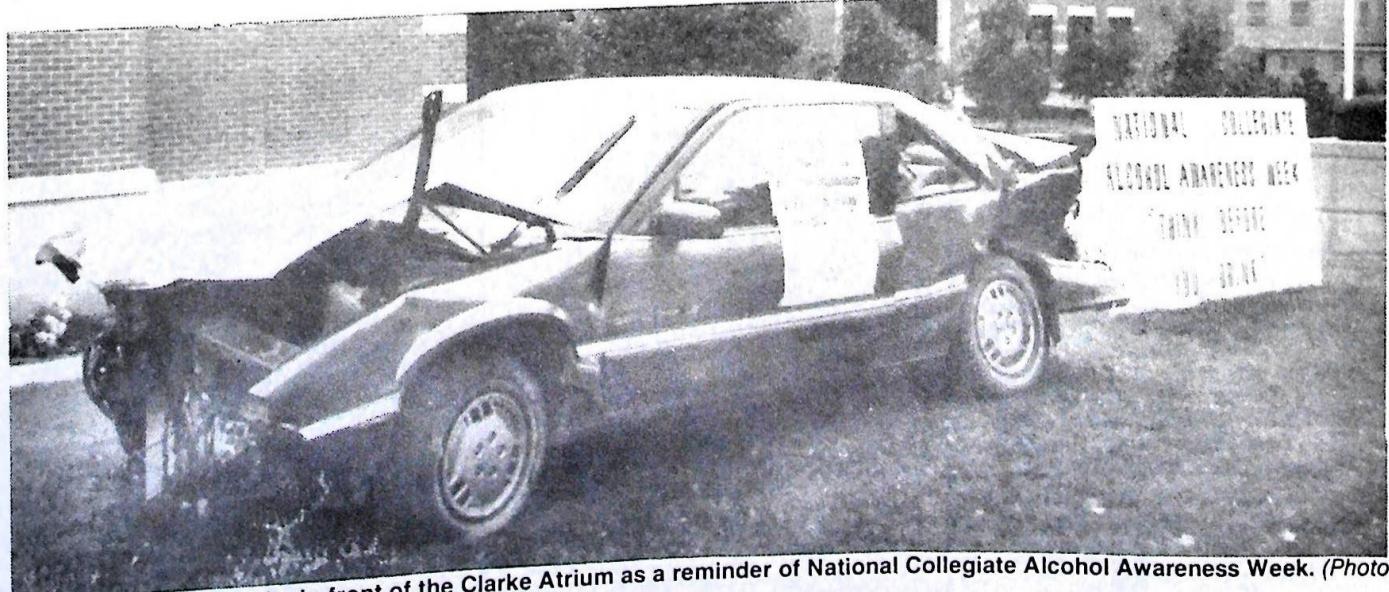
"The network isn't what's important, but it's the learning environment it provides. There are multiple places where students can work in a comfortable environment. Students can work in teams, which was a big goal for the departments. It's been shown through studies that teamwork is a

good method for learning. We designed the lab so that students would have ample room to work together," said Castaneda.

The lab setup is similar to a classroom. The teacher's control station is in front. The problem the teacher is working on can be projected onto a screen. The students can be directed to observe points on the screen. The teacher also has the ability to see what the individual students are doing on their machines. Speigel said, "We are able to broadcast what the teacher is doing to all of the student stations. Or, it is possible for a student's work to be broadcast to all the other stations as well." Castaneda said, "It has multimedia capabilities; we are able to use the laser disk, video recorders, a scanner, CD ROM, optical disk and Actionmedia, which brings full-motion video to the monitors."

Each department is using the ELECT lab for its own purposes. For example, the mathematics department is using a software package called "Mathematica." "It's a powerful mathematical symbolic program," said Assistant Professor Sr. James Marie Gross, PBVM. "It does a lot of things. For example, in elementary algebra, it will do the factoring for you, it

Continued on page 3.



A destroyed vehicle sits in front of the Clarke Atrium as a reminder of National Collegiate Alcohol Awareness Week. (Photo by Don Andresen)

Opinion

Parents gone? Bring out my junk food

by Takada Dixon

Once a year, some students attending Clarke college put on their masks and go through an entire weekend of pretend. Away goes the junk food from the refrigerator and down come the dirty posters. The room becomes cleaner than ever before and dust flies off expensive school books. This is Parents' Weekend.

This year's Parents' Weekend brought more than 230 parents and family members to Clarke college. Parents came from areas as far as California. Some were even from Dubuque.

Parents' Weekend is set aside for families to visit their sons and daughters and to participate in student and faculty

sponsored events. This year, families could travel the great Mississippi on the Casino Belle, watch the drama department in action and assemble in church to share holy communion.

Although some parents were unable to attend, it was nice for students like Valencia Craig, Dionne Mills and Nateida Jarnigan to join family members of friends and roommates. "Playing games, watching movies and eating pizza was what my weekend consisted of," said Mills.

The weekend started off with a bang. The first thing that took place was the fashion show. The fashion show this year was very different. Last year, Liz Klinger, a graduate from Clarke, was the host. With

the help of other students and local shopping stores, Klinger successfully put together a mock wedding party. This year, parents got a new look at "Shane's World."

Sophomore Shane Farrell is a soccer player at Clarke. Farrell is well known for his selective apparel of black heavy metal tee-shirts, blue jeans and gym shoes. At the fashion show, everyone walked down the Wohlert Atrium stairs dressed like Shane. Shane made his debut, which you will never see again, dressed in a suit.

Parents liked the fact that students modeled their own clothing. Fashion show hosts were juniors Celeste Pechous and Kristin DeBennedetto. Pechous and

DeBennedetto kept the crowd amused while the models changed their clothes.

Parents Weekend was a success. There were 150 family members at the picnic, over 200 on the Casino Belle, 30 to 40 at the mini courses and many at the liturgy. Senior Chantel Miller said this year's Parents' Weekend was special for her because it was the first year her father had attended since her freshman year. Miller said her family enjoyed planned activities such as the symphony at Five Flags and the Cable Car Square.

Parents' Weekend has come and gone again. It's safe to bring out the junk food, dirty clothes and dirty posters until it happens next year.

Halloween activities planned by city, Clarke organizations

by Barb Tucker

Mary Benedict Dormitory Hall will be hosting trick-or-treaters on Saturday, Oct. 31. Trick-or-treating is open to families of faculty and staff of Clarke College. Tam-

my Tucker, residence director of Mary Benedict, said that the convenience of Mary Benedict trick-or-treating is a major factor for parents. "Parents feel like they can trust the students in the dorm. It's a safe and fun way to trick-or-treat for children who are disabled, because it's handicap accessible with an elevator."

Mary Benedict trick-or-treating coincides with the city of Dubuque's trick-or-treating from 5:30-7:30 p.m. on Saturday, Oct. 31.

The senior class will be holding its annual haunted house in Mary Frances dormitory. Anne Dalton, senior class vice president, said that the haunted house isn't restricted to just seniors, but that any student may participate. It will be open to the public on Oct. 28-31 from 8-11 p.m. On Wednesday, Oct. 28, and Thursday, Oct. 29, the haunted house will hold a special children's night from 6-7:30 p.m. Admission is \$1.00 for adults and 50 cents for kids under the age of 12.

The city of Dubuque is also celebrating Halloween with many festivities. On Sunday, Oct. 25, the Dubuque County Historical Society will be sponsoring the fourth annual "Trick-or-Treating on the William Black." This event is open from 6-8 p.m. for kids 12 and under and must be accompanied by an adult. For safety reasons, no costumes will be allowed. Tickets must be purchased in advance from Pizza Huts in Dubuque and Dyersville or at the Riverboat Museum in Dubuque. Cost is \$1.00 for kids and free for adults.

Finley Hospital will be sponsoring its annual "Caring Bears Safe Halloween Party" at the Kennedy Mall on Sunday, Oct. 25, from noon-2 p.m. A limited number of free tickets are available at the Finley or Kennedy Mall information desk.

The annual YMCA Halloween parade will be held on Monday, Oct. 26, at 6:30 p.m.

and will follow the normal parade route. In case of poor weather, the parade will be postponed to Monday, Nov. 2, at 6:30 p.m.

On Tuesday, Oct. 27, Jim Ryan will be telling ghost stories for children in the Carnegie-Stout Public Library Auditorium from 7-8 p.m.

The city of Dubuque Leisure Services Department will be holding a Halloween Costume Party on Friday, Oct. 30, from 6:30-9 p.m. at Peters Commons on the University of Dubuque campus. This party is held for, but not limited to, disabled children and costs \$1.00.

Safety is also a must for everyone at Halloween time. Terry Driscoll, crime prevention officer for Dubuque, provides general trick-or-treating tips for adults and kids.

Clothing should be light-colored with reflectors for a more visible appearance.

Costumes should also be short to prevent tripping, and if possible, trick-or-treaters should wear make-up instead of masks for easier vision and carry a flashlight. They must watch for traffic and should cross the street in a designated crosswalk.

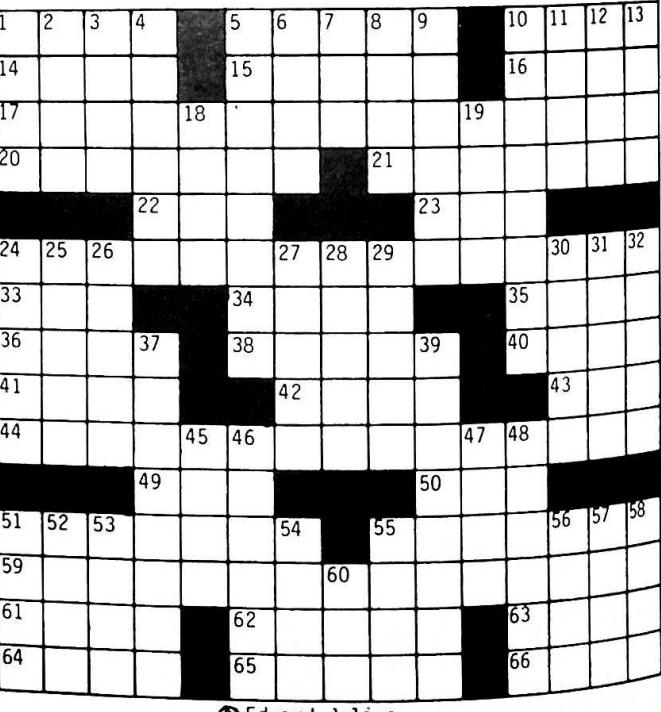
Children should be accompanied by an adult and travel in a group. They should stay in their own neighborhood and go to homes that they are familiar with that have porch lights, but not to go into homes alone.

Treats received can also be a safety hazard. People should give trick-or-treaters candy that is wrapped or packaged. Parents should also examine all candy before consumption.

Halloween can be a fun holiday for all, but only if the people follow cautionary procedures. Events are scheduled all week long in the city of Dubuque in preparation for Halloween night on Saturday, Oct. 31.

...ELECT Lab

collegiate crossword



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ACROSS

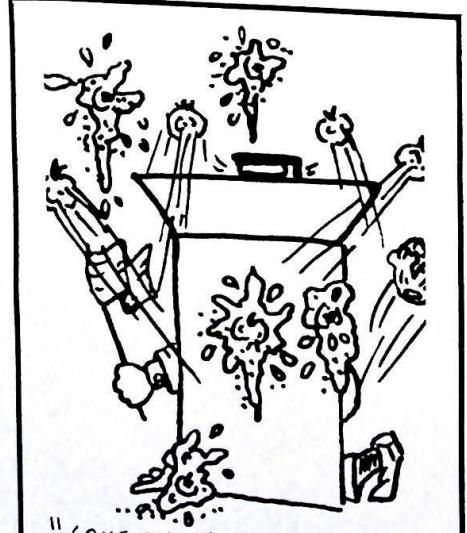
1 French head
5 Basketball move
10 Raise
14 October's birth-stone
15 One-celled animal
16 '50s song, e.g. (var.)
17 Republican election nightmare (2 wds.)
20 Tyrants
21 Tennis tournament favorite (2 wds.)
22 Mr. Whitney
23 Common tattoo word
24 House of
33 Be human
34 Inter (Lat.)
35 Mr. Waggoner
36 Eat
38 Undeliverable mail or water sprite
40 Chicken
41 First-rate
42 Word of warning
43 Compass point
44 Former Time Magazine "Man of the Year" (2 wds.)
49 To be announced: abbr.

50 Grecian
51 Classroom need
55 Stupid
59 Party meeting of sorts (2 wds.)
61 Footnote abbreviation
62 Miss Comanecci
63 Neon
64 Yield
65 Inexperienced
66 Do in, as a dragon

DOWN

1 Mary Lincoln
2 Fencing sword
3 Scottish caps
4 Romeo or Juliet, e.g.
5 Party supporter
6 "corny as..."
7 Certain doc
8 Newspaper section, for short
9 Washington seaport
10 Dairy product (2 wds.)
11 Opposite of aweather
12 fixe
13 The Big Apple's finest (abbr.)

18 Mr. Porter
19 "Out, dazed"
24 Part of some newscasts
25 Diamond bangle
26 Lying flat
27 Omit in pronunciation
28 VP in '53
29 Tarnish, as a reputation
30 Competing
31 Actress Verdugo
32 The "Sisters"
37 "Story" Italy
39 Of ancient: w.
45 Casino words
46 Adventurous
47 Assam silkworm
48 Invalids, for one
52 Ceremonial garment
53 Put (cover up) on
54 Dermatological mark
55 "I cannot tell"
56 Suffix for poet king
57 Legendary Roman
58 Suffix for block



George Bush wins the Clarke campus election with 50 percent of the votes. Bill Clinton came in at 37.5 percent. Ross Perot trailed with 12.5 percent. Good Luck!

Clarke Courier

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The Courier welcomes input from members of the Clarke community. Please send comments to P.O. Box 280, Clarke College. Letters must be signed and are subject to editing for space.

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Students comb

by Rebecca Noll

For some students, the obvious choice after high school is to go to college. For others it is the military service. Others attend college and serve in the Reserves or National Guard.

Men and women join the service for many reasons. Some are for the educational benefits, the experience and for college money. Junior Steve Hill joined the military "just to say that he did it."

Military students spend one weekend a month at drill, and usually two weeks out of the summer at annual training. The weekend is spent doing anything from office work to manual labor in warehouses, practicing shooting rifles at night, like

During the annual, the company usually travels to a certain area in the United States. This time is used to learn and to get a sense of the reasons they are in their particular branch.

Hill chose the Marines in 1989 because they were a more elite group. "I

Gives me a chance to see the country. I also built up my confidence and improved.

My senior year in high school, Meis joined during his sophomore year. Peter Meis is in the Iowa Air National Guard. Meis joined during his senior year in high school. "Before I knew it, I was in," said Peter Meis.

The National Guard is the Reserves. In the National Guard, the branches of the Reserves are controlled over its state. "That is why the National Guard is a little different than the National Guard," said Peter Meis.

The National Guard is controlled over its state. "That is why the National Guard is a little different than the National Guard," said Peter Meis.

Feature

Kames professes final BVM vows

by Rebecca Noll

S. Louise Kames has taken the final step to becoming a BVM. On Saturday, Oct. 3, during a special mass at Clarke, S. Kames publicly made her profession of final vows. Those vows were poverty, celibacy and obedience. The ceremony took place during the Eucharist liturgy, and was a symbol of her declaration.

Before this final step, S. Kames went through many other steps. "You don't just become a BVM," said S. Kames. "There is a process of steps leading up to it." As a student at Clarke, the BVM's made an impact on me with their life service to

others and each other," said S. Kames. "So, I started asking questions and the answers led me to check it out." It was at this point in S. Kame's life that she decided to join this group of women.

After making the decision to enter the BVM community, the first step for S. Kames was the "initial getting to know" step. S. Kames was introduced to the BVM community and learned about them. They, in turn, talked to her to see whether she would be right for their community.

Then S. Kames took a residency with the BVM community. Following her residency, S. Kames took two years of theological

reflection, called Novitiate. S. Kames spent this time learning the communities' history and gaining spiritual growth. Of the two years, she spent one year at Mt. Carmel in Dubuque and one year with her community.

The first profession of vows followed. S. Kames then had to wait between three and nine years before taking final vows. S. Kames waited eight years and during that time, for three years, she taught part-time at Clarke. She was also director of publications at this time.

S. Kames then went back to school to finish her master's of fine arts. In 1988, she

started full-time at Clarke and continues to teach here. She teaches a variety of art classes, from photography and printmaking, to drawing and art history.

S. Kames is a 1977 graduate of Clarke, from which she received her bachelor's of art in art and art history. She then went on to earn her master's in art history at the University of Illinois, and her fine arts degree at the University of Wisconsin-Madison.

In conjunction with her vows, S. Kames also opened an exhibit "to celebrate the breadth of my experiences."

To accomplish this, S. Kames took a leave of absence last spring to prepare. "The community recommended that I take some time away for reflection," said S. Kames.

She went to Berkeley, Ca. for six months, from January through June. She took two theology classes and worked as an artist. "A large body of the work was created at this time," said S. Kames.

The exhibit symbolizes a garden. "It stems from nature," said S. Kames. "There is a strong connection between nature and the human condition and to see it as one creation."

S. Kame's exhibit is currently on display in the Quigley Gallery.

...Support

up some of their civic and home duties," said Spiegel. Relegating work, around the house, to other family members becomes a mandatory step.

In many instances, students simply have "too many balls in the air" and don't ever seem to be able to slow the pace. One workshop session focused on ways to handle a hectic schedule with better efficiency. Spiegel and Tatarka provided tips on how to practice good time management.

When the non-traditional mother or father has the luxury of a spouse at home, the emotional and physical support is very beneficial to the busy student. Many, though, do not have the benefit of having this support. That, said Spiegel, can really put a strain on the student. "We work a lot with single parents who have full-time jobs and study here full-time as well. Finding time to spend with the children seems impossible at times. But we help students sort things out, and address their problems and needs at the meetings," said Spiegel. "This type of question and answer setting is beneficial to all because many of the students find out that they are not alone in dealing with these issues."

The mutual support on campus among non-traditional students is strong. The non-traditional lounge specifically caters to the non-traditional student. For many, it is helpful to know that others are dealing with the same issues.

"Believe it or not, we actually see a grieving process in the senior year for many of these students," said Spiegel. "They feel this strong need to hang on. Some find it hard to believe they can actually do it. Seeing it accomplished is very gratifying."

In the coming months, Spiegel and Tatarka will be addressing child support, stress management (in December, when levels are often quite high), patterns of conflict resolution, domestic violence and AIDS. Each session is 30 to 40 minutes in length, and specific time and location information is available by calling 6442.

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S. Louise Kames works on one of her many art works in the print lab. (Photo by Don Andresen)

Students combine military and college life

by Rebecca Noll

For some students, the obvious choice after high school is to go to college. For others it is the military service. Others attend college and serve in the Reserves or National Guard.

Men and women join the service for many reasons. Some are for the educational benefits, the experience and for college money. Junior Steve Hill joined the service "just to say that he did it."

Military students spend one weekend a month at drill, and usually two weeks out of the summer at annual training. The weekend is spent doing anything from office work to manual labor in warehouses. On some weekends, other activities, like practicing shooting rifles at night, are planned.

During the annual, the company usually travels to a certain area in the United States. This time is used to learn and to get a sense of the reasons they are in their particular branch.

Hill chose the Marines in 1989 because he felt they were a more elite group. "It gives me a chance to see the country. It also built up my confidence and improves how I conduct myself. I have also learned more pride for my country."

Sophomore Peter Meis is in the Iowa Army National Guard. Meis joined during his senior year in high school. "Before I knew it, I was in," said Meis.

The National Guard is a little different than the branches of the Reserves. In the National Guard, each state has control over its National Guard. The Reserves are controlled by the U.S. government. "That is why the National Guard was called in during the riots in California. They help with the problems of their own state," said Meis.

Juggling college and military life can have its ups and downs. "I have to keep everything that I need close at hand," said Hill. Every weekend of drill, he has to pack up a hygiene kit, his uniform, boots, socks, shorts and a t-shirt for sleeping, and a pen. Depending on what is planned that weekend, Hill may have to pack more. "If we are going to sleep outside, I may have to bring a tent," said Hill, who travels a five hour drive every month to Winterset, Iowa.

Hill's need to keep everything with him causes problems with space. "My equipment takes up a lot of room. At least this year, I have my own room. last year, with a roommate, it was really hard," said Hill. Meis said he doesn't have that problem. "All I need to take is my uniform, which I wear down there. We all have wall lockers where our equipment is locked up. The lockers are similar to lockers in school, only bigger," said Meis. Meis spends his weekends in Camp Dodge in Johnston, Des Moines, Iowa.

One of the problems with being in the military is the time it takes. "It's just another thing I have to devote my time to," said Hill. Hill is a Maintenance Management Specialist. According to him, a lot of paperwork has to be filled out. "I spend my life filling out reports," said Hill.

Meis spends many of his weekends working in a warehouse, moving equipment around the area. "It's nice because once a month I am able to get away and do something different," said Meis.

Unfortunately, these weekends can fall at a bad time. Sometimes tests fall on the Monday after drill. "For the last two years, spring final's week has been after drill," said Hill. "During some weekends of drill

I fall behind on studying," said Meis. "And I need to spend extra time catching up."

School activities can also fall on these weekends. "I missed homecoming and the spring formal last year because of drill," said Meis. "It's just the luck of the draw when these dates fall."

For fellow students, having friends in the military can bring events in the world a little closer to home. During the Persian Gulf War, many servicemen and women were called to duty. One of those was Hill. Hill and his company packed and waited for the go-signal. Within 24 hours, if the conflict worsened, they would leave. "I was scared," said Hill. Luckily, it was during that 24 hours that things started to settle down and the chance of him being shipped lessened.

"I did miss out on a lot of school," said Hill. "I ended up withdrawing from one class and taking another pass/fail. It wasn't one of my best semesters."

Meis was in basic training while all of this was happening, and said he knew little of what was going on. "During basic training we are pretty isolated. But eventually we found out what was going on."

At first, the war did not affect Meis. "Then some of the guys in my group were being sent over there. If I wouldn't have been in high school, I would have been there too." "I wasn't really scared," said Meis. "I'm kind of glad I didn't go. But in a way, I also feel that I should have gone."

For Hill, Meis and others, being both a student and in the service can keep them busy. But it gives them a chance to experience places other than college.

According to Hill, "It's like being in two different worlds. One is very laid back, while the other is far from it."

